HEALTHY BEGINNINGS

MSDE's Healthy Beginnings is a resource to help you nurture the tremendous potential for learning that every child is born with. It is intended for use by anyone who lives or works with infants or young children - families, child care providers, special educators, etc. Healthy Beginnings is organized by age and developmental domain (Personal and Social, Cognitive, Language, and Physical Development). By identifying behaviors or actions a child is already displaying, you can use the activities and examples in Healthy Beginnings to support each child's progress, regardless of chronological age.

This is a 12-hour series, divided into 2 workshops over 4 evenings. You <u>must</u> attend all four classes. Total Core Credit is 12 hours (3 COM + 1.5 PRO + 4.5 CUR + 2 CD + 1 SN). Cost for the series is \$75, which includes books and materials. Classes will be held in the Extension Office, 3300 N. Ridge Rd. Suite 240, Ellicott City MD 21043.

Module I Sept. 6 & 13, 6:30 - 9:30 pm

Get to know Healthy Beginnings and how to use it as a child development tool. Make connections between this developmental guide and the Maryland Model for School Readiness.

Module 2 Sept. 20 & 27, 6:30 - 9:30 pm

Start using Healthy Beginnings as a tool for creating and planning a program for infants and toddlers. Examine environment, planning, assessment, and working with families in the process of understanding how to use the tool as a planning support.



To register, visit our website at www.howardcountymd.gov/children or call 410-313-1940.

